



NHS 10 Year Plan in the East 24 January 2025





Our event took place at Woodhatch Place in Reigate.

There were 30 people at the event who were supported by several organisations.

Who came to the event?



What did we do?











We want to make sure that members of the group decide what the group does.

Having a Chair and Deputy Chair for the group would help with that.

To be a Chair or Deputy Chair you need to be:

- Organised
- Turn up when you say you will
- Know your stuff
- Help out
- Speak up
- You can be contacted

Chair and Deputy Chair









People voted to have a Chair and Deputy Chair for the East Surrey People Group.

There will be a vote at a future meeting when we know who wants to do this.

We will send out a job role summary to people.

If you are interested, then please email us on disabilitycomms@surreycc.gov.uk or text / phone 07929 863 582









The NHS is short for National Health Service.

It helps everyone in the UK stay healthy. You can get NHS Healthcare from your:

GP

A&E (Accident and Emergency)

And many other NHS health care services.

But the NHS has some problems.

The Government want to fix the NHS.

NHS 10 Year plan















The Government want to learn from people's personal experiences and hear ideas.

Amanda explained the 3 areas the government want to focus on.

Big Change 1
Using better technology

Big Change 2 Move some care from hospitals to communities

Big Change 3
Do more to stop people getting ill

Big Changes





Good Things

The group was asked for good things about better technology:

It will help to save paper.

Information can be shared more quickly.

Video appointments help with travel problems and parking.

Digital hospital passports are very easy to share and less likely to get lost.

Making better use of technology





The group was asked for bad things about better technology:

Technology can be difficult to use.

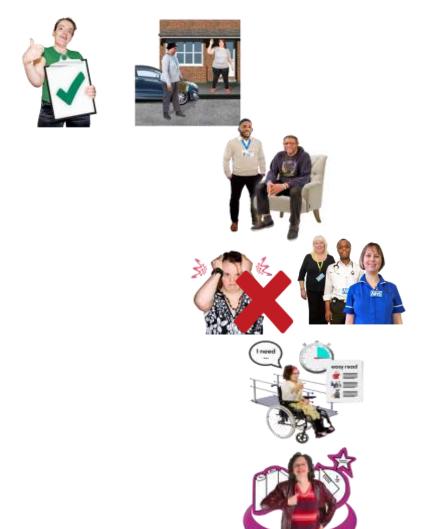
Technology can be unreliable or break down.

Cost of equipment and technology can be expensive

Patients should be able to choose between video call or in person appointments

Making better use of technology





The group was asked for good things about Moving more care from hospitals to communities. The group said:

Comfort of being in your own home

Less strain on hospitals and GPs

Easier for reasonable adjustments

More personalised

Moving more care from hospital to communities - good things





The group was asked for bad things about moving more care from hospitals to communities:

Not easy to get to if you need specific treatment.

Not enough staff to do this, will need social care to help

Unlikely to be available 24 hours a day

Staff need to be properly equipped

Moving more care from hospital to communities - bad things

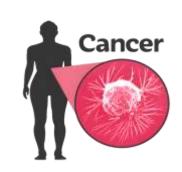












The group was asked for good things about preventing sickness not just treating it:

Education for people and providers who support them.

Reduce hospital waiting times.

Specialist resources such as from Mencap, NHS easy reads and Books Beyond Words.

Screening to prevent cancers- need better uptake for people with learning disabilities

Preventing sickness not just treating it - good things



The group was asked for bad things about preventing sickness not just treating it:

Staffing issues can cause restrictions on going to opportunities for events and social activities.

Food and a warm safe space is expensive, a lot of people can't afford this.

People have a choice and may want to continue with bad choices like alcohol, drugs, food.

Low numbers of people getting annual health checks.

Preventing sickness not just treating it bad things





This was a summary the group discussions.

We have now submitted our feedback to the NHS 10 year plan on behalf of the Surrey People Group East.

If anyone would like to see the feedback in full please email:

disabilitycomms@surreycc.gov.uk

Feedback from this meeting

