



Keeping you safe from abuse

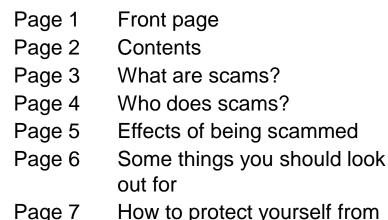


Scams

This booklet has information about scams

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How to protect yourself from

You can find Easy Read documents on keeping safe from abuse on the Surrey Safeguarding Adults Board website.

www.surreysab.org.uk/leafletsresources



You can read this booklet alone or with someone to support you.

Acknowledgements

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What are scams?



A scam makes you give your personal information or money away.

Scams do this by:



Promising you a prize or money.

Pretending to be someone famous.



Scaring you.

Making you feel worried.



Promising you something, like gardening or building work and not keeping their promise.



This might happen in person, on the phone or online.

Who does scams?



Scams are done by criminals, they are sometimes called a scammer.



A scammer may seem friendly and nice. But they will try to trick you.



Scammers might try to find people with care and support needs to scam.



But anybody can be a victim of a scam. For example, parents, friends or other family members.

Effects of being scammed



You might lose money.



You might feel sad, embarrassed or alone.



You might feel cross with yourself or the person who has done it.



You might lose confidence.



You might have problems with your health.

Some things you should look out for



The scammer says that you can only get a prize if you pay money first.



The scammer tells you that you have to do something quickly.



The scammer tells you to send money abroad or to someone else's bank account.



The scammer tells you to click on a link in an email.



The scammer tells you that you should keep it a secret and not tell anybody.

How to protect yourself from scams



Remember the bank or police will never ask you to move your money.



Do not give your information to somebody you have met online.



Hang up the phone or delete the email if you do not trust the person contacting you.



Take time to think about what is happening. Do not rush.



Ask somebody you trust for advice if you are choosing a builder or gardener.



Do not share your pin or password.

Getting help



If you aren't sure or are too nervous to call anyone, **tell someone you trust.**



In an emergency
Dial 999 for the police.
If you can't speak and are calling on a mobile, press 55 to have you call transferred to the police.



9-5 Monday to Friday

Telephone: 0300 470 9100 (option 2 then 1)

Out of Hours

Emergency Duty Team: 01483 517898



Reporting abuse online

www.surreycc.gov.uk/adultatrisk

Contact us, other formats and language

To contact us or if you would like this information in an alternative format or language:



Telephone: 0300 200 1005



Text (SMS): 07527 182 861 (for deaf or hard of hearing community)



Textphone (via Relay UK): 18001 0300 200 1005



British Sign Language: www.surreycc.gov.uk/bsl



Email:

asc.infoandadvice@surreycc.gov.uk