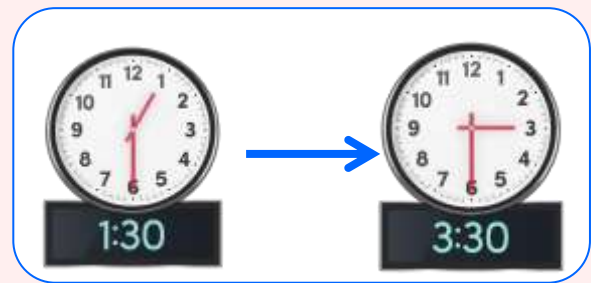
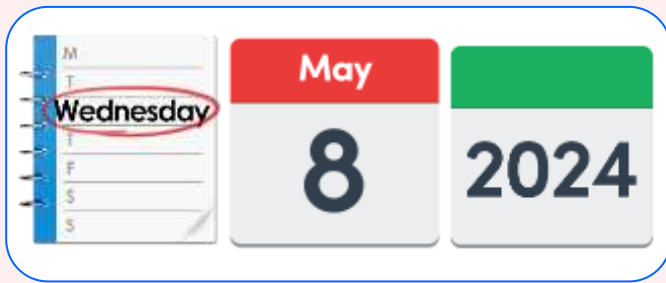




# East Surrey Local Valuing People Group Minutes



Mary Hendrick and Leanne Yeo chaired the meeting



Mary Hendrick



Leanne Yeo

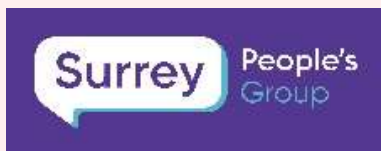


The meeting was at Woodhatch Place and on Teams





## At the meeting we talked about:



- Ready Steady Cook and Managing My Money Events
- Training for Pharmacists
- Visit to TOVER at Banstead Library
- Feedback from Surrey People's Group
- Feedback from The Learning Disabilities Partnership Board

# Welcome and Introductions

Mary welcomed everyone to the meeting, she is co-chairing with Leanne today.



There were 17 people who attended the meeting in person and 3 who joined us online



We had introductions from the Proactive Community, Include.org, and Surrey Choices.



# Presentation on Grant Events by Proactive Community



Leanne told us about events the Proactive Community are working on with grant money they got.



Voluntary Action Reigate and Banstead (VARB) grant:



Event with Surrey Choices and Include.org called Ready, Steady, Cook! In February 2024.



They were learning to cook healthy food as well as meeting new people.

Some of the people at the meeting attended the event that was at Longmead in Redhill.



They have three podcasts planned about health and wellbeing.



Grant from Aviva:

I want to understand how to look after my money.

Managing My Money Event:

Accessible, interactive workshops and activities including lunch.

June 21 at Woodhatch Place 10 - 4pm.

## Questions and discussion



The podcasts are not done yet.

When completed they will go on Mixcloud and the link will be shared. The podcasting equipment can be booked out by people.



More information about the event in June will go out soon so people can book places.

Mary asked Helen to send the healthy eating web tool link with a brief on how to use it so it can be shared.

A few of the people in the group said they had air fryers and would be interested to see the web tool.



# Training for Pharmacists



Surrey and Borders Partnership  
NHS Foundation Trust

Amanda told people about some work that was being done to train pharmacists by Surrey and Borders Partnership

## Key Points



If you take medication, it is important that it is reviewed.



This can be done by your doctor or your pharmacist.



A pharmacist is the person who knows all about medicines.

STOMP is a project in England to stop the overuse of psychotropic medicines.



People with learning disabilities are more likely to be given these medicines than other people.



They can be right for people but sometimes there are ways of helping people in a different way.



A pharmacist at Surrey and Borders NHS Trust will be training other pharmacists to do good medication reviews.

She wants to know what people with a learning disability think to help design the training.

We will send the pharmacist what you say to help her.



## Discussion

The word cloud shows the themes: What is important to you in getting support with medication? Listen to me; dossette box; let me ask questions; no time limit; easy read information; explain clearly; annual health check.

What is important to you in getting support with medication?

26 responses



# Visit to Banstead Library TOVER table



Amanda told people about the group visit to Banstead Library

## Key Points



Banstead library have a special projector with sensory activities.

This is called a Tovertafel or magic table.



It can be booked by anyone when the library is open.

A group of people went to try it out and said it was fun and relaxing.

Jules Salmon from Active Surrey said she was working on making libraries more active.



You can borrow activity trackers from libraries now.



Multi-sensory stories for people with learning disabilities

There are other things at libraries that are useful such as Bag Books and Books Beyond Words.



## Discussion



A few people at the meeting have a tracker they use to count their steps.



Jules said that some libraries have digital buddies who can help people set up their trackers.



Roger and Sarah said they both went to try out the TOVER table and enjoyed it. They both wanted to go again.



Wendy said Surrey Choices now use it regularly. There are a lot of games on it for all levels.



Leanne asked about Redhill Library as it has moved because of problems with the building. There needs to be better signs about where it has moved to.



### ACTION



There is another projector at Ash library, we will share information when adult games are available.



It would be great if there were more TOVER tables, make sure feedback forms are completed as this will give evidence that people like them.



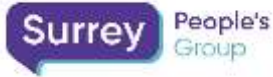
Mary asked that they let us know if they try out Books Beyond Words or Bag Books so we can share the feedback.



Sarah said she really likes Books Beyond Words as she prefers pictures to words.



# Surrey People's Group Voting Event



Amanda told people about the Surrey's People's Group voting event

## Key Points



There was a voting event on 8 March.

We shared information about

- Political Parties
- Voter ID
- Local Elections
- General Elections
- Ballot Papers
- How to Vote

We thought about the things that make voting difficult.

We had a practice election and voted for our Prime Minister.

Amanda said she is happy to share the workshop presentation and resources. This was based on the resources from My Vote My Voice.



# Feedback from the Partnership Board



Mary went over the key topics from the last meeting in March

## Key Points



Fadzai Tande gave an Adult Social care update.



The Care Talent Collective spoke about Oliver McGowan Mandatory Training in Surrey.



They want to find people with a learning disability to train as trainers.  
Email

[Katie.Christmas@activeprospects.org.uk](mailto:Katie.Christmas@activeprospects.org.uk) if you are interested.



Dr Emma Hines spoke about the Dementia Strategy in Surrey.



You can read the minutes from the meeting on the [learning disability and autism hub](#).

# Local Updates



Sarah said that Include.org have teas on the green in Brockham on 27 May.



Leanne said Reigate and Banstead and Surrey Police have a grant to make Redhill safer. We could ask someone to come to the meeting and tell us about this work.



Elaine and Rosemary said they are happy.



[Surrey Outdoor Learning](#) (SOLD) have free activity days that are funded through Multiply funds (numeracy education). Lunch and refreshments are included. They also have a narrow boat called Angel Blue that Leanne and Helen are going on next week.



Nichola said her and Dexter have been to check out the wheelchair accessibility. You can borrow an outward-bound wheelchair and the canal boat is accessible.



It was agreed to ask the learning disability liaison nurses to speak at the next meeting.



Several people said the meeting time was very difficult, it would be better if it was in the morning.

## Actions:



Mary asked Helen to send the healthy eating web tool link with a brief on how to use it so it can be shared.

Amanda will share information when adult games are available at the Ash library projector.

Consider changing the meeting time to the morning so more people can come.

## Next Meeting:



Next Meeting is taking place on 7 August at Woodhatch Place Reigate and Microsoft Teams