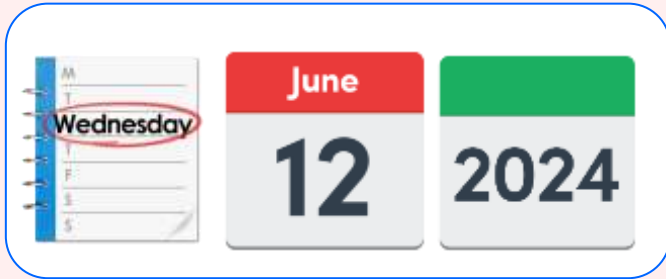




# Mid Surrey Valuing People Group Minutes



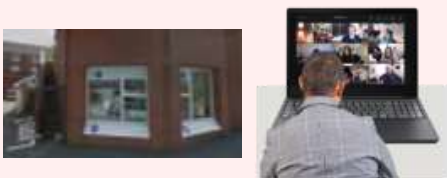
Sally Dubery chaired and Jo Broadhurst-Jones co-chaired the meeting.



Sally Dubery



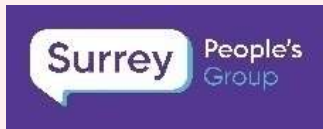
Jo Broadhurst -  
Jones



The meeting was at The Point,  
Dorking and Teams



## At the meeting we talked about:



- Feedback from Surrey People Group Disability Liaison Nurse.



- Feedback from The Learning Disability Partnership Board



- Books Beyond Words



- Group Discussions about New Hospital Programme and Medication Reviews



- Local Updates and Any Other Business

# Welcome and Introductions



Sally and Jo welcomed everyone to the Mid Surrey meeting of 2024.



We had introductions from Surrey Choices and Book Beyond Words.

# Surrey People Group



Amanda spoke about our last Surrey People Group in March which was about voting.

## Key Points



There was discussions about:

- What voting is?
- Voting for different political parties
- How voting makes us feel?



We held a practice election with polling stations. At end we voted for our Prime Minister.



My Vote My Voice is a campaign to help more people to vote.



The aim is to making voting more accessibility to people with learning disabilities and autistic people. 5 boroughs in Surrey have agreed to put some easy read signage at their polling stations.



You can find our Easy read record from the [Surrey People Group March event](#) on our Learning Disability and Autism Hub. You can also find out more information about [voting](#) on our website.

## Feedback The Learning Disability Partnership Board Updates



Mary went over the key topic discussed in the most recent meeting in March.



The Director for Learning Disabilities and Autism, Fadzai Tande provided an Adult Social Care update.



Fadzai spoke about the Council's financial position. She also spoke about the Targets and how these were going.



Katie from Care Talent Collective told us about the Oliver McGowan Mandatory training. They are still looking for people with learning disabilities to be co-trainers. If you are interested, please contact [Katie.Christmas@activeprospects.org.uk](mailto:Katie.Christmas@activeprospects.org.uk)



They spoke to us about their recruitment for experts by experience.



We also had a presentation from Surrey Borders Partnership Board who came to speak to us about Dementia and Aging. There was information about:



- Dementia diagnosis for people with learning disabilities



- Importance about brain health and how to keep you brain healthy.



- Information about life story books and Care Plans.



In our recent June Meeting, Mary mentioned we had:



- Carers Update from Carers Strategy and Development



- Update about the Valuing People Groups



- Introductions from the Safeguarding Team and Quality Assurance



- Presentation about the New Ground Breaking Ceremony for Short Breaks



Mary also mentioned that they are now creating two new supported living services. These will be flats and shared homes.



Mary also said that we are working on some new easy reads.



Amanda said they have now produced a Your Review Easy read which is now available on the [website](#).

## Books Beyond Words



Katie came to speak us about Books Beyond Words.





# 25

Books Beyond Words are a UK National Charity and have been running for 25 years.



Books Beyond Words produce a wide range topics of word free picture stories that engage story of all ages.



These books can be purchased from their website or ready to download online to your tablet or phone.



Katie said now that they are based in Leatherhead, they are looking to do a lot more work for local people to help and advise them on our books and types of books to make.



Mary asked how people could be signposted to this project.



Action: Katie will get in touch with Mary once they are ready to start this project and to set some dates to have a meeting.



If you are interested in knowing more about Books Beyond Words, you can find out more on their [website](#)

## Questions



Carinder asked whether the website is up and running after some technical problems last time.



Katie said the website is running but it needs some updating and maintenance to make it better.



Katie said they are looking at creating an App as well but this is still work in progress. This you would have to purchase. It is taking a long time.



Katie mentioned about her book club project. Through the National Lottery, they are setting up 300 book clubs in the country. A group can apply to us to get 30 books including a starter pack and lanyard. They give the support and training to get that up and running.



Amanda said she will try her best to spread the message.



Katie said that libraries are a good place to start.



The idea of these books is to start conversations about various topics. This is the purpose of getting started with the book club.



Katie showed us some pages in the book 'Going into Hospital' and we had a group discussion about the book.



Action: Mary will get in touch with Katie for agenda for a future provider forum meeting.

## New Hospital Programme



With a promise from the government to build 40 new hospitals, there was a discussion about what works well when we go to hospital.



Amanda and Carinder spoke about their visit to make their GP Surgery more accessible. They made changes to their signage which was successful.



## Feedback from Table Discussions

The word cloud below shows people's thoughts on how hospital experience could be improved. Common Themes included more quiet spaces for people, people who can assist with directions and better signposting and more easy read.

# What was your hospital experience and what could be improved?

8 responses

a and e too noisy  
better hospital signage  
more easy information  
too long a and e wait  
more quiet spaces  
more helpful staff  
no medical jargon  
accessible information

This information will be sent to Phillipa Russell, who is member of the NHS board. This feedback will be used to help create the new hospitals.

## Group Discussion about Medication Review



Amanda spoke to us about Medication Reviews.



If you take medicine, it is important you get it reviewed.



A pharmacist knows about medication and gives information about medicines to doctors and nurses.



Nneka McKenzie is a pharmacist who will be training other pharmacists to support good medication reviews.



She wants know what people with lived experience think to help to design the training.



STOMP is a project in England to stop the overuse of psychotropic medicines.



These medicines are used to treat mental health conditions. They are sometimes also given to people because their behaviour is seen as challenging.



People with a learning disability, autism or both are more likely to be given these medicines than other people.



STOMP is about everyone working together to make sure people get the right medicine when they need it.

**NHS**  
Surrey and Borders Partnership  
NHS Foundation Trust



Surrey and Borders Partnership NHS Foundation Trust (SABP) have some funding to work on medication review including STOMP.



# Feedback from Group Discussions

The word cloud below shows people's thoughts on medication reviews. Common Themes included Large font and easy read medication boxes, more guidance on when things go wrong and knowledge on side effects and being asked the right questions by professionals.

## Feedback about medication reviews

13 responses



This feedback will be given to Nneka. She can use this to help her train pharmacists.

# Local Updates



In partnership with Proactive Communities, Surrey People Group are providing a Surrey People Group event about Managing Your Money on 21 June at Woodhatch Place. There will be workshops by citizen advice, numeracy work with Surrey Outdoor Learning and much more.



Jo said they are having a 'Fire Walk' event at the Grange to raise money for charity. Saturday 15 June.



Amanda said they have done a few profiles of videos for people on the [Learning Disability Hub Website](#) for Learning Disability Week.

# Actions:



Katie will get be in touch with Mary once they are ready to start this project and to set some dates to have a meeting.



Mary will get be in touch with Katie for agenda for a future provider forum meeting.

# Next Meeting:



Next Meeting is taking place on 25 September at the Point in Dorking and Microsoft Teams.