 **Universal**

**One Page Profile for (insert child’s name) Date of birth:**

**How best to support me**

**Describe the support a person might need from others to stay safe and healthy. The following prompts may help.**

**Environment: room arrangements, adaptations**

**Equipment and resources**

**Mobility, medication, diagnosis and how best to support?**

**What are the routines that support me? (mealtimes, sleeping etc.)**

**Intimate care routines**

**How do people support me?**

**Are there any dangers to consider?**

**What are my communication needs?**

**Medication**

**Photo (Optional)**

**What people like about me and what I like about myself [Positives]**

|  |
| --- |
| **What do family and friends say about you?**  **What do they love and admire about you? (Positive**  **comments only)** |

**What is important to me?**

**Record what really matters to someone. The following question prompts may help.**

**Who are the people I live with?**

**Who is important to me (friends, extended family other carers, pets) and why?**

**How do I spend my day?**

**What do you usually do?**

**What do you always do?**

**3 things that make a good day and 3 things that make a bad day. (Summarise what is important about the early years provision, home and wider community/environment?)**

**What makes me feel better when I am stressed?**

**Possessions: What would I never leave home without?**